### Products

**Vegetables**
- Canned Vegetables (Low sodium preferred)
- Tomato Sauce
- Vegetable Soups (Low Sodium Preferred)
- Broth (Low Sodium Preferred)

**Fruits**
- Canned Fruits (in juice or light syrup)
- Dried Fruits
- 100% Fruit Juices

**Proteins**
- Beans- canned or dry
- Peanut Butter
- Nuts
- Canned Meat (chicken, beef, ham)
- Canned Fish (tuna, salmon, sardines)
- Canned Stews (chicken or beef)

**Grains**
- Rice (white, brown, flavored)
- Pasta/noodles
- Cold Cereal
- Hot Cereal (grits, oatmeal, farina)
- Flour/Cornmeal/Baking Mixes
- Whole Grain Crackers
- Couscous

**Dairy**
- Dry Milk packets
- Shelf stable milk
- Soy/Almond/Rice Milk

**Specialty Items**
- Cereals
- Nutrition Beverages (Boost, Ensure, Carnation Instant Breakfast)
- Granola Bars

**Other Items**
- Diapers
- Feminine Products
- Personal Care Items/ Hygiene items

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NO opened or used products

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Your donation provides critically needed non-perishable food and other essentials for New Yorkers in need.