



Your donation provides critically needed non-perishable food and other essentials for New Yorkers in need.

Products

Vegetables

Canned Vegetables
(Low sodium preferred)
Tomato Sauce
Vegetable Soups
(Low Sodium Preferred)
Broth (Low Sodium Preferred)

Fruits

Canned Fruits
(in juice or light syrup)
Dried Fruits
100% Fruit Juices

Proteins

Beans- canned or dry
Peanut Butter
Nuts
Canned Meat
(chicken, beef, ham)
Canned Fish
(tuna, salmon, sardines)
Canned Stews (chicken or beef)

Grains

Rice (white, brown, flavored)
Pasta/noodles
Cold Cereal
Hot Cereal (grits, oatmeal, farina)
Flour/Cornmeal/Baking Mixes
Whole Grain Crackers
Couscous

Dairy

Dry Milk packets
Shelf stable milk
Soy/Almond/Rice Milk

Specialty Items

Cereals
Nutrition Beverages
(Boost, Ensure, Carnation
Instant Breakfast)
Granola Bars

Other Items

Diapers
Feminine Products
Personal Care Items/ Hygiene items

NO opened or used products