CookShop Turns 20!

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By Caitlin Fitzpatrick

Food Bank For New York City's signature nutrition education program, CookShop, celebrates its 20th anniversary this year! On Saturday, November 2, nearly 800 teachers, parent coordinators and school staff new to the program helped us celebrate the milestone at our CookShop Training Conference. Their enthusiasm for healthy eating was contagious, and it was great to see how eager they all were to learn about CookShop's nutrition education curriculum.

Margarette Purvis, Food Bank President and CEO, got things off to exciting start by introducing a video about CookShop that helped bring the program's mission to life. Michael Mulgrew, President of the United Federation of Teachers, kept the enthusiasm going with a warm welcome address that primed the crowd for the day's activities.

Through workshops, hands-on cooking demos, and one-on-one interaction with their peers, attendees gained the tools they'll need to bring the CookShop program to their schools, and help children and families learn about nutrition. These teachers are joining 1,000 other teachers in more than 1,800 other classrooms across all five boroughs who will give their students the knowledge and skills necessary to make healthy food choices.

We would like to thank all our CookShop teachers, leaders and coordinators--old and new alike--and wish everyone a fun and successful CookShop year!

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